

LANTERN LANE FARM



Where Healing Happens

Tiffany received her Master's of Education degree in Clinical Mental Health Counseling from Middle Tennessee State University. Her heart is happiest while working with children and adolescents. She works with youth and young adults who are experiencing anxiety, depression, low self-esteem, or struggle with eating disorders or self-harm, as well as those who have experienced trauma. She uses a variety of therapeutic techniques including: cognitive behavioral therapy, mindfulness, play therapy, and experiential and creative techniques.



She became a counselor to give clients a safe space, where they can explore hard issues and learn to let their true selves shine. She feels blessed to walk beside children and families as they navigate these difficult times in their lives.

Tiffany grew up in middle Tennessee and enjoys spending time with her family and pets during her free time. She is a child at heart and loves reading, superheroes, Harry Potter, Chuck Taylor shoes, American Girl, animals, and Netflix.

Hours of Operation (By Appointment)

DAYS	HOURS
Monday	9:00am - 8:00pm
Tuesday	9:00am - 8:00pm
Wednesday	9:00am - 8:00pm
Thursday	9:00am - 8:00pm
Friday	9:00am - 8:00pm
Saturday	9:00am - 8:00pm
Sunday	CLOSED

Lantern Lane Farm is a 501(c)(3) non-profit counseling center located just outside of Nashville, Tennessee.

Our Mission is to provide restorative and compassionate care to those who need spiritual, emotional, and physical healing through traditional and equine-assisted counseling services in a peaceful, countryside setting.

We provide services on a sliding fee scale based on your total household income. We are committed to making services available to all, so that no one is ever turned away because they cannot afford therapy.

Tiffany Orrand, LPC-MHSP
Licensed Professional Counselor

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