

# LANTERN LANE FARM



*Where Healing Happens*

Taryn received her Master's degree in Marriage and Family Therapy from Trevecca Nazarene University. She counsels a diverse range of clients, including adolescents, adults, couples, and families.

Taryn considers it an honor to walk alongside hurting people as they face trauma, grief, anxiety, addiction, self harm, life transitions, relationship difficulties, and other challenges.



Taryn is trained in Brainspotting and Eye Movement Desensitization and Reprocessing (EMDR), methods known for their effectiveness in treating trauma and PTSD. She also incorporates methods such as Narrative Therapy, Solution Focused Brief Therapy, Cognitive Behavioral Therapy, and Emotionally Focused Therapy.

She is passionate about the hope and healing clients experience through the therapeutic process. Outside of the office, Taryn enjoys hiking, road trips, horses, and exploring landscape photography with her husband.

**Taryn Peterson, LMFT**  
Licensed Marriage and  
Family Therapist

## Hours of Operation (By Appointment)

DAYS	HOURS
Monday	9:00am - 8:00pm
Tuesday	9:00am - 8:00pm
Wednesday	9:00am - 8:00pm
Thursday	9:00am - 8:00pm
Friday	9:00am - 8:00pm
Saturday	9:00am - 8:00pm
Sunday	CLOSED

Lantern Lane Farm is a 501(c)(3) non-profit counseling center located just outside of Nashville, Tennessee.

Our Mission is to provide restorative and compassionate care to those who need spiritual, emotional, and physical healing through traditional and equine-assisted counseling services in a peaceful, countryside setting.

We provide services on a sliding fee scale based on your total household income. We are committed to making services available to all, so that no one is ever turned away because they cannot afford therapy.

615.973.5454  
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