

LANTERN LANE FARM



Where Healing Happens

As a Marriage and Family Therapist, wife, and mom to two toddlers, Michelle Harris knows how fulfilling and challenging marriage and family life can be. Michelle has a passion for strengthening individuals, marriages, and families. She feels it is a privilege to help her clients heal and thrive. She loves to cheer others on in their pursuit of integrated health, restoration and self-care.

Michelle received her Bachelor's degree in Social Work from Olivet Nazarene University and went on to work with postpartum mothers and families. Michelle then earned a master's degree in Marriage and Family Therapy from Indiana Wesleyan University.



Michelle works with premarital couples utilizing PREPARE/ENRICH, and individuals, couples, and groups navigating anxiety and depression, women's issues, struggling marriages, perinatal mood disorders, grief, and poor self-esteem. She works with parents struggling with child's sexual orientation, life transitions or stress. Michelle incorporates Cognitive Behavioral-, Solution Focused-, Narrative-, and Experiential Therapy and Gottman techniques. She also loves utilizing the Enneagram and is a Type 8 with a 9 wing.

Michelle Harris, MMFT
Marriage and Family Therapist
under Supervision

Hours of Operation (By Appointment)

DAYS	HOURS
Monday	9:00am - 8:00pm
Tuesday	9:00am - 8:00pm
Wednesday	9:00am - 8:00pm
Thursday	9:00am - 8:00pm
Friday	9:00am - 8:00pm
Saturday	9:00am - 8:00pm
Sunday	CLOSED

Lantern Lane Farm is a 501(c)(3) non-profit counseling center located just outside of Nashville, Tennessee.

Our Mission is to provide restorative and compassionate care to those who need spiritual, emotional, and physical healing through traditional and equine-assisted counseling services in a peaceful, countryside setting.

We provide services on a sliding fee scale based on your total household income. We are committed to making services available to all, so that no one is ever turned away because they cannot afford therapy.

615.973.5454

LanternLaneFarm.org
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