

# LANTERN LANE FARM

*Where Healing Happens*



## Hours of Operation (By Appointment)

Alyssa received her Masters of Arts degree in Professional Counseling from Liberty University. She is passionate about helping individuals and couples 'do life' and relationships well! Alyssa works with women and teenage girls helping them find healing and to connect with a sense of purpose. Restoration of hope and authentic living is a core focus when working with both women and girls.

Alyssa meets with couples where they are to help equip them with the tools necessary for effective communication and conflict resolution.

Cultivating and restoring intimacy is a key focus in her treatment approach with couples.



At home Alyssa stays busy chasing her two toddlers and her Golden Doodle, Bella. She is a fitness enthusiast and Biblical literacy is her passion. Most days you can find her drinking coffee and encouraging those around her to live healthy, abundant lives.

DAYS	HOURS
Monday	9:00am - 8:00pm
Tuesday	9:00am - 8:00pm
Wednesday	9:00am - 8:00pm
Thursday	9:00am - 8:00pm
Friday	9:00am - 8:00pm
Saturday	9:00am - 8:00pm
Sunday	CLOSED

Lantern Lane Farm is a 501(c)(3) non-profit counseling center located just outside of Nashville, Tennessee.

Our Mission is to provide restorative and compassionate care to those who need spiritual, emotional, and physical healing through traditional and equine-assisted counseling services in a peaceful, countryside setting.

We provide services on a sliding fee scale based on your total household income. We are committed to making services available to all, so that no one is ever turned away because they cannot afford therapy.

Alyssa Ritchason, LPC-MHSP  
~ Licensed Professional Counselor

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